

Mycological and Pathological Investigation of Freshwater Cultured *Tilapia nilotica* in El-Bohaira Governorate.

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Received in 23/09/2019

Accepted in 02/11/2019

Abstract

Oreochromis niloticus (tilapia nilotica) one of commonly animal protein source on Egyptian table and the most cheaper one and the fungal infection is considered one of the most serious causes of losses in aquaculture. Therefore, this study was aimed to screen the fungal status of tilapia nilotica in El-Bohaira Governorate, Egypt.

A total of 100 fish samples of *Tilapia nilotica* were collected from fish cages along Nile branch, at El-Bohaira Governorate.

Mycological examination of 100 apparently healthy fish (600 samples from fins, fish flesh, gills, liver, kidney and spleen) were taken. It revealed the isolation of 840 fungal isolates (350 mould and 490 yeast isolates). Isolated moulds belonged to the following genera: *Saprolegnia* (15.5%), *Aspergillus niger* (5.5%), *Fusarium* (1.2%), *Mucor* (4.8%), *Penicillium* (6.4%), *Curvularia* (1.2%), *Cladosporium* (6.2%), *Alternaria* (1.2 %). Yeasts isolated also from both fish species and the following incidence: *Candida albicans* (39.3 %), other *Candida* species (8.9%) and *Rhodotorula* species (10%).

Histopathological investigations revealed various degrees of pathological lesions in different organs like gills, hepatopancreas, spleen and muscles. From this study it was obvious that mycological infection caused harmful effects on tilapia fish.

Keywords: Fungi, mycotoxin, *Oreochromis niloticus*, tilapia, histopathology

Introduction

Fishes are the primary source of protein for human in many areas of the world and this is also in Egypt. Fungal contamination of fish is considered the main cause of signs of spoilage as off flavor and unpalatable taste and it may constitute a public health hazard as well as many of economic losses (Hassan *et al.*, 2007 and El Ahl, 2010). Outbreaks of water born fungal infections of fish, are common problems especially in fish farms and hatcheries. Of particular concern is saprolegniosis, which is an infectious fungal disease that is wide spread in all stages of the life cycle of fish. Saprolegniosis infection may contribute to heavy mortality among fishes. In Egypt, the mycotic disease constitute one of the most important disease

causing troubles in fresh culture with several economical losses (Easa, 1984, Shaheen 1986 and El Zayat, 1988). *Saprolegnia* considered agent of secondary infection arising from conditions as bacterial infections, poor husbandry including poor water quality, adverse water temperature, all of these factors increased occurrence of *saprolegnia* infections (Pickering and Willoughby, 1982).

Many of the fungi that affect fishes are attacking the fishes when they are stressed or immunocompromised because of unfavorable environmental conditions, or secondary to bacterial or viral infections, or when they have lost their mucus protection because of trauma or

excessive handling (**Roberts 1989 and Quiniou *et al.*, 1998**).

Mycotic infections of fishes by Oomycetes are wide spread in freshwater and represent the most important fungal group affecting wild and cultured fishes. The Saprolegniaceae, in particular members of the genus Saprolegnia, are responsible for significant infections involving both living, dead fishes and eggs. Oomycetes are classical saprophytic opportunities, multiplying on fishes that are physically injured, stressed or infected (**Pickering and Willoughby, 1982**).

Moreover, there are other fungi that have been implicated in fish diseases. Some of the genera involved include *Aspergillus* (**Salem *et al.*, 1989b**), *Fusarium* (**Bisht *et al.*, 2000**), *Ichthyophonus* (**Faisal *et al.*, 1985**), *Branchiomyces* (**Easa 1984**), *Phoma* (**Hatai *et al.*, 1994**), *Paeicilomyces* (**shaheen1986**), *Exophialia* (**Langdon and MacDonald 1987**), *Phialophora* (**Ellis *et al.*, 1983**), *Rhizomucor* and *Candida* (**Neish and Hughes 1980**). The most common soil fungi such as penicillia and aspergilli are likely to be present in high numbers as water inhabitants in sediments and biofilms where as fusaria may be less common, since they are associated with plants (**Gonçalves *et al.* 2006**). These fungal species are mostly associated with mycotoxin production (**Göttlich *et al.* 2002**) Most of these are multiple case reports or single, and causing systemic disease with high mortality rates in fishes.

The objective of this study was to determine the types of fungal pathogens affecting freshwater fishes specially those causing high mortality rates and their effect on fish health. Therefore, the present study was carried out to study the mycological quality of fresh fish (*Tilapia nilotica*).

Materials and Methods

Fish samples: A total of 100 fresh fish (*Tilapia nilotica*), in different size about (150-250 gm) were randomly collected from fish cages along the Nile branch in El-Bohaira Governorate. The collected samples were directly identified and transferred to the laboratory in ice box, without delay. Fish were subjected for thor-

ough inspection for the assessment of the general appearance, the odour, the texture and the conditions of the eyes and the gill. According to (**FAO 1985**).

Sampling for histopathology

Following necropsy of 100 fish samples, Tissue specimens from positively fungal isolation *tilapia nilotica* fishes including samples from gills, muscles, spleen and hepatopancreas, were rapidly fixed in 10% neutral buffered formalin. The fixed specimens were processed through the conventional paraffin embedding technique. Paraffin blocks were prepared, from which 5 microns thick sections were obtained. These sections were stained by Hematoxyline and Eosin (H&E) according to the method described by (**Culling 2013**). No specimens from kidney and fins were collected.

Mycological examination:

Mycological examination was done according to **Noga (1996)** and Identification of moulds was carried out according to **Refai (1987)**.

Isolation of fungi: was carried out from fish, samples were taken from fins, fish flesh, gills, spleen, liver and kidney were collected and inoculated onto SDA medium plates and incubated at 25°C for 3-5 days, subculture on the same media was done for purification. {Preparation of samples according to **ISO 6887-3 (2003)**.

Isolation was carried out by cutting portions of fish flesh and other organs samples and were transferred to sterilized homogenizer containing 0.1% sterile peptone water. The homogenate was allowed to stand for 5 minutes at room temperature, then the homogenate was placed on the prepared isolation media sea-board's dextrose agar (**Cruickshank *et al.*, 1975**), with chloramphenicol and chlortetracycline (100mg of each) as described by **Koburger (1970)**.

The inoculated plates were incubated at 25°C for up to 5 days. The microbes that grow on the plates were sub-cultured on fresh agar plates using the same medium to obtain pure microbial isolates. The fungal isolates were mounted in lactophenol cotton blue stain solution on slides with cover slips and microscopically ex-

amed for spores and vegetative bodies according to the method described by (Barnet and Hunter, 1972).

Gram stain used for yeast identification. The isolated fungi were identified individually by macro and microscopic characteristics according to (Bailey and Scott 1998), (Pitt and Hocking 2009), while yeast isolates according to (Kriger Van Rij 1984) and (Tibor and Larry, 1996).

Germ tube test (Martin, 1979):

Used for differentiation between *Candida* spp in which a very light suspension of yeast like organisms in 0.5-1.0 ml of sterile rabbit serum can be used. Incubation was occurred at 37°C for no longer than 3 hrs. then one drop of yeast - serum mixture was placed on a slide slip and was examined microscopically for germ tube production.

Results

Table (1). Incidence of +ve mould and yeast samples from different organs and tissues of *T. niloticus*.

Fish species	Organs	Fins	Fish flesh	Gills	Liver	Kidney	Spleen	Total
100 apparently healthy <i>O. niloticus</i>	No. of samples	100	100	100	100	100	100	600
	No. of +ve mould samples	70	50	80	20	20	10	250
	%	28	20	32	8	8	4	100%
	No. of +ve yeast samples	80	80	70	60	60	30	380
	%	21.1	21.1	18.5	15.8	15.8	7.8	100%

Table (2). Incidence of mycological examination of fish samples and its organs (600 samples)

Total mould	Total yeast	Total
350	490	840

Table (3). Incidence of mould isolated from different organs and tissues of *T. niloticus*.

Isolated mold spp.	Fins	Fish flesh	Gills	Liver	Kidney	Spleen	Total
<i>Saprolegnia</i>	40	33	45	5	7	0	130 (15.5%)
<i>Asp. niger</i>	12	10	16	3	3	2	46 (5.5%)
<i>Pencillium</i>	15	4	15	10	5	5	54 (6.4%)
<i>Cladosporium</i>	15	12	20	1	2	2	52 (6.2%)
<i>Mucor</i>	12	10	6	5	2	5	40 (4.8%)
<i>Fusarium</i>	2	3	5	0	0	0	10(1.2%)
<i>Curivlaria</i>	2	1	2	2	1	0	8(.9%)
<i>Alternaria</i>	2	4	4	0	0	0	10(1.2%)

*The percentage are calculated in relation to total mould and yeast isolated (840).

Table (4). Incidence of *yeast isolated* from different organs and tissues of *T. niloticus*.

Isolated yeast spp.	Fins	Fish flesh	Gills	Liver	Kidney	Spleen	Total
<i>Candida albicans</i>	80	65	60	50	45	30	330 (39.3%)
Other <i>Candida</i> spp.	20	10	15	3	20	5	75 (8.9%)
<i>Rhodotorula</i>	15	10	20	10	20	5	85 (10%)

*the percentage are calculated in relation to total mould and yeast isolated (840).

Macroscopic examination:

Examination of fishes revealed the liver was enlarged, pale, and friable. The spleen was congested. The gills were dark red in colour. (Fig. 1).

Histopathological findings of positively fungal isolation samples:

Hepatopancreas:

of positively fungal isolation samples showed congestion of hepatic sinusoids and degeneration of the hepatocytes with infiltration of mononuclear inflammatory cell. (Fig. 2).

Gills:

the gills revealed severe hyperplasia in the epithelial lining of the secondary lamellae and dif-

fuse filamentous clubbing due to fusion of the secondary lamellae (fig.4) associated with degenerative changes and necrosis and Congestion of lamellar and branchial blood vessels. (Fig. 3).

Muscles:

Showed degenerative changes and necrosis of muscle fibers. (Fig. 5).

Spleen:

Showed severe congestion and hyperactivation of melanomacrophage center along with lymphocytic depletion. (Fig. 6).

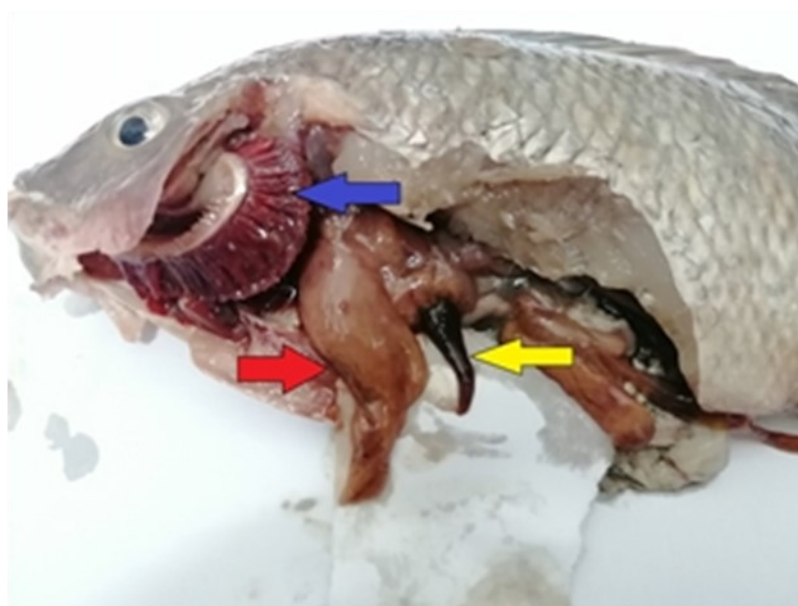


Figure (1). *Tilapia nilotica* fish showing congested gills (blue arrow) congested spleen (yellow arrow) and pale enlarged friable liver (red arrow).

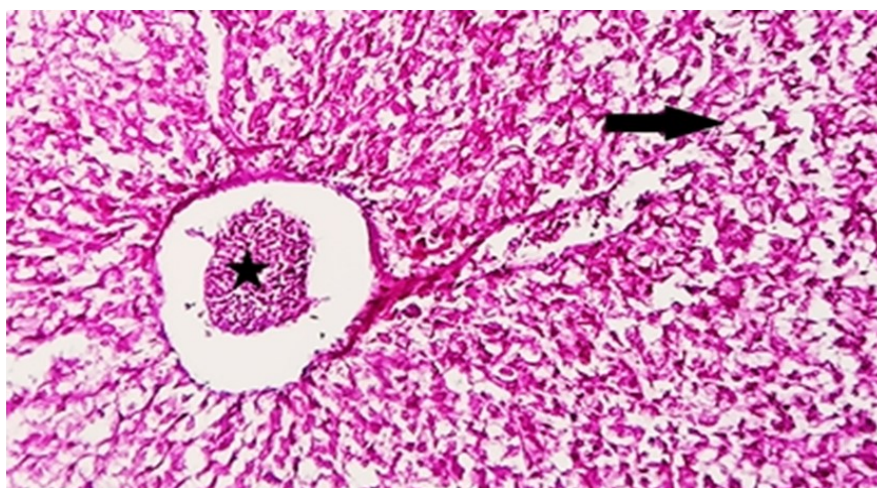


Figure (2). Hepatopancreas of tilapia nilotica showing congestion of hepatic blood vessel (star) and degeneration of hepatocytes (arrow). H&E.(X250).

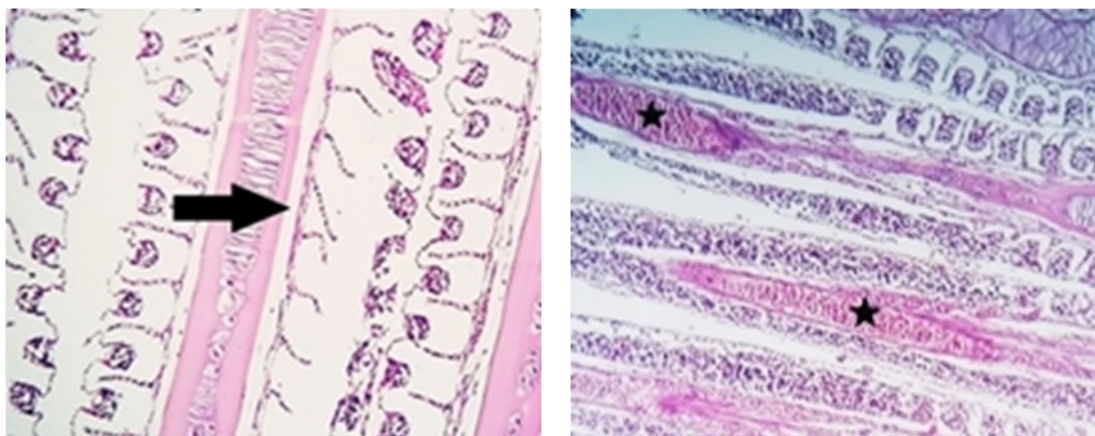


Figure (3). Gills of tilapia nilotica showing degeneration of lamellae (arrow) and Congestion of lamellar and bronchial blood vessels (stars) H&E.(X400), (X200) respectively



Figure (4). Gills of tilapia nilotica showing severe epithelial hyperplasia at the tips of gill filaments and diffuse filamentous clubbing due to fusion of the secondary lamellae (arrow). H&E, (X100)

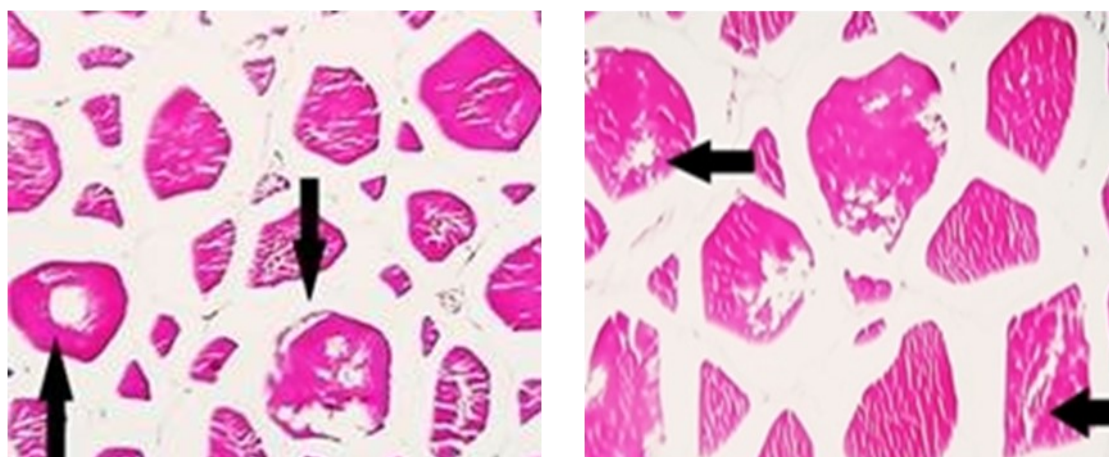


Figure (5). Muscles of tilapia nilotica showing degenerative changes and focal areas of necrosis of muscle fiber (arrows). H&E. (X400)

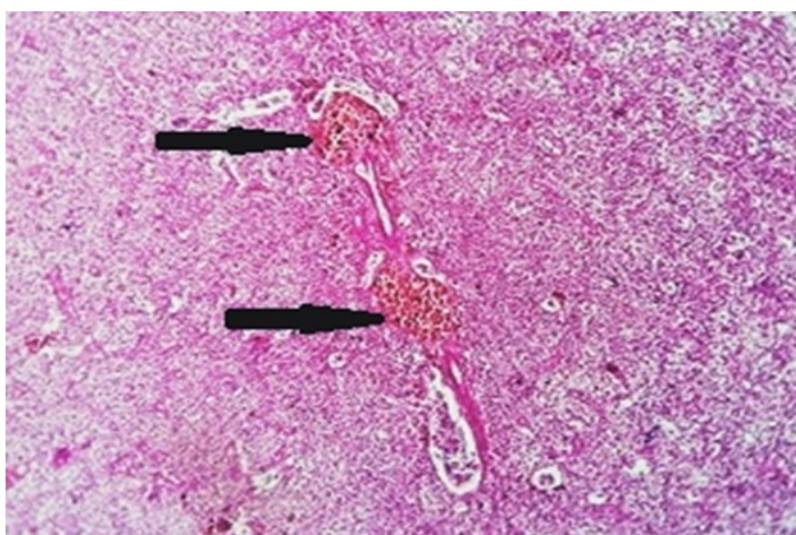


Figure (6). Spleen of tilapia nilotica showing marked hyperactivation of melanomacrophage center and slight lymphocytic cell depletion (arrows), H&E, (x250)

Discussion

Mycological examination of (100) fresh water fish (*Tilapia nilotica*) in table (1) show the Incidence of +ve. mould and yeast samples from different organs and tissues in which mould isolated from (250) samples of different organs and tissue and yeast isolated from (380) samples.

Identification of fungi into yeasts and moulds revealed that the percentage of yeast isolates per fish was slightly higher in which from (840) fungal isolates (350 mould) and (490 yeast). (table 2) .

In table (3) Isolated moulds belonged to the following genera: Saprolegnia (15.5%), Aspergillus niger (5.5%), Fusarium (1.2%), Mucor (4.8%), Penicillium (6.4%), Curvularia (0.9%). Cladosporium (6.2%), lternaria (1.2%).

Nearly similar results were recorded by (Ammar, 2001; and El- Ahl ,2010).

But these results disagree with (Refai *et al.*, 2010) in which their results were Saprolegnia (4.2%), Aspergillus (43.0%), Fusarium (14.1%), Mucor (14), Penicillium (17.2),

The fungal contamination of fish could be attributed to improper sanitation during catching, handling, transportation and marketing of fish. These findings were supported by the view reported by (Ward and Baji, 1988 and Hassan, 2003). The contaminated feeds, water supply and worker hands used fish breeding play the essential role on the health status of fish (Hassan and Abdel Dayem, 2004). The current results disagree with (Ibrahim, 2000 and Nasser, 2002)

And also with (Atef *et al.*, 2011) who isolated *A.flavus* from most of all samples of fish examined in their studies. In our study we cant isolate *Aspergillus flavus* which considered the most toxogenic mould.

In table (4) isolated yeast belonged to the following genera: *Candida albicans* (39.3 %), other *Candida* species (8.9%) and *Rhodotorula* species (10%) the obtained results are in agreement with (Ammar, 2001; and El- Ahl, 2010) and with (Ibrahim, 2000 and Nasser, 2002) and also with (Refai *et al.*, 2010).

Fish are more liable to contamination with moulds and yeasts from animal and human reservoirs which may contaminate the water in the fishing area. Furthermore, contamination during handling. The contamination was increased in cases of fish caught from polluted areas (Hassan and Abdel Dayem, 2004).

The incidences of isolated moulds from different organs of fish were detected. This was expected, most of these fungi were categorized as normal mycoflora. This does not mean that they cannot produce disease. They can better be considered as opportunistic fungi (Refai, 1987) as many of them possess virulence factors, which enable them to cause diseases (Refai *et al.*, 2004), particularly under favourable predisposing condition. *Saprolegnia* species were isolated with high incidence.

Oreochromis niloticus (*Tilapia nilotica*) are one of the most sensitive aquatics which easily gets damaged when exposed to pollutants, even at minimal concentration levels (Karlsson, 1983) or change in environmental conditions.

The results are in line with previous studies findings which conclude that the different pollutants had effect on fishes as will as the physical status of aquatic environment (Redner BD, Stickney RR., 1979) (Mallatt J., 1985).

Histopathologic changes detected in samples were carried out of positively mycological isolation fishes, gills pathological changes are in line with many studies that had been reported to react to pollutants, leading to changes in anatomical structure and physiology of gills tissues and therefore be regarded as evidence of response to stress in general. (Filfilan WM, Aljahdali MO., 2019) (Speare DJ, Ferguson HW., 2006). Gills showed lamellar edema which is following exposure to chemical pollutants. Complete separation of the respiratory epithelium of primary and secondary lamellae with necrosis of lamellar epithelial cells result in respiratory and osmoregulatory distress (Yang and Albright, 1992). Also epithelial proliferation of secondary gill lamellae, which resulted as a response of the malpighian cells to chemical irritation, as they migrate distally, often in the early stages, resulting in an accumulation of cells at the edge of the secondary lamella, progression of this migration leads to lamellar fusion and terminal lamellar clubbing (Robert, 2001).

The histopathological finding of The hepatic tissue showed congestion of blood vessels with degenerative changes which may due to mycotic infection and environmental pollutant on hepatocytes since the hepatopancreas is the site of detoxification of all chemicals and toxins (Robert, 2001).

The activation of melanomacrophage centers either in spleen or hepatopancreas is a result to infection or irritation in fish leading to fish immune response (Robert, 2001).

As will as splenic changes represnted in increased melanomacrophages (Montero *et al.*, 1999), (Gogal *et al.*, 1999; Garcia-Abiado *et al.*, 2004). The findings obtained in the present investigation are in line with studies explain the effect of environmental pollutants on normal fish physiology (David M. and Kartheek R.M., 2015). the pathologic finding of gills ,

liver, muscels and spleen are in line with studies that reported to react to chemical and toxins in tilapia nilotica (Amany, M. Kenawy *et al.*, 2009), (Gaafar, A.Y. *et al.*, 2010).

Conclusion and Recommendation

It can be concluded from the results obtained in the present work that, though most fungi isolated from fishes are considered by several authors as normal mycoflora, yet we could prove in the present study that many fungi can cause natural infections. This was confirmed by histopathological reactions characteristic of fungal infection fishes. This conclusion should give attention to the possible role of fungi in affecting fishes industry. The risks of fungal infection in *Tilapia nilotica* fishes increase due to poor aquarium management. Also, the basic health management practices could be simply unnoticed due to lack of expert personals.

In order to decrease the chance of spreading fungal infection in the native fish species, we need good water supply, control diseased fish and expert personals, avoiding damage of skin during transportation of fish, right kind of food with sufficient amount must be provided to fish. over crowding of fish must be prevented. preventing the introduction of new fish to the fish farm until known that fish are free from disease. disinfection of the equipments and utensils to prevent spread of the infection.

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